



**LOS ALAMITOS  
MEDICAL CENTER**

Tenet California  
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Geoff Bond, M.Sc.  
55, Griva Digeni, Suite 73  
8220, Chlorakas. Cyprus, Europe

Dear Mr. Bond:

On behalf of the Education and Library Committee, I would like to extend our sincere appreciation for your lecture, "Degenerative Diseases are Optional – Our bodies are designed for life in the Pleistocene. How we know, what is going wrong today, and what we can do about it". It was very informative. Your contribution to the quality of our Medical Education Program and to physician knowledge is greatly appreciated.

Enclosed is a copy of the Summary of Program Evaluations compiled from responses of physician attendees. As you can see from the percentages of responses, your presentation was very well received.

Thank you for your support of Los Alamitos Medical Center, and for your time in preparing and presenting this topic at our Education Conference. I hope your experience was positive and that we may contact you again in the future for updates on this topic.

Sincerely,

*Rudolf Haider, M.D.*

Rudolf Haider, M.D., Chair  
Education Committee

Enclosure

**LOS ALAMITOS MEDICAL CENTER**  
**SUMMARY OF PROGRAM EVALUATIONS**

Program:	“Degerative Diseases are Optional”
Speaker:	Geoff Bond, M.Sc.
Date:	March 3, 2008
Objectives:	1) Discuss human evolution and development as influential in the current status of patients. 2) Recognize the role of lifestyle and nutrition in a variety of degenerative diseases. 3) Discuss supportive measures to prevent and impede recurrence of diseases like cancer, CVD, diabetes, osteoporosis, diabetes, arthritis, and dementia.
Support:	None
Disclosure:	None

NUMBER OF PARTICIPANTS: 66 EVALS COMPLETED: 57 (86%)

Numbers are reflected in percentages

	Excellent	Good	Average	Poor	No Response
1. How well were objectives met?	72%	26%	2%		
2. How would you rate the effectiveness of the speaker?	79%	19%	2%		
3. Generally, I rate the potential to improve my clinical practice from this program as	72%	24%	4%		
1. Teaching methods effective?	65%	30%	5%		
2. Quality of material presented?	69%	26%	5%		
3. On the whole, the session was?	70%	26%	4%		

COMMENTS: I loved the topic and him. Excellent talk X 2. Interesting talk – captivating speaker. Excellent topic. Very interesting talk – would like to have him back. Excellent presentation. Stimulating and interesting new ideas about nutrition and its relation to healthy lifestyle. Favors lifestyle changes. Good subject, good speaker.

SUGGESTIONS FOR FUTURE TOPICS/SPEAKERS: None received.

From: Justice, Kelly [Kelly.Justice@tenethealth.com]  
To: admin@naturaleater.com  
Subject: CME Presentation

Dear Geoff,  
Thank you so much for your presentation yesterday at Los Alamitos Medical Center.

I have had several physicians come up to me commenting on how interesting your lecture was. Your presentation was very well received.

Attached is a thank you letter and a summary of the evaluations from the physician attendees.

Thank you again!  
Kelly Justice, CPMSM  
Medical Staff/CME Coordinator  
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