



Short Biography
Geoff James Bond
M.Sc., M.I.C.E., M.I.L., M.I.T.I
Evolutionary Lifestyle Anthropologist



Selection of CME Presentations

- Antiageing Conference, London, UK (keynote lecturer)
- Annenberg Center for Health Sciences at Eisenhower Regional Hospital, Rancho Mirage, CA.
- The Body Conference, London, UK
- Dameron Hospital Association, Stockton, CA
- Antelope Valley Hospital, Lancaster, CA.
- Encino-Tarzana Regional Medical Center, Tarzana, CA
- Good Samaritan Hospital, Los Angeles, CA
- Providence Saint Joseph Medical Center, Burbank, CA

Selection of Medical Outreach Programs

- Comprehensive Cancer Center, Palm Springs, CA (for medical director, Elber Camacho MD and Rita Stec MD, director, Women's Wellness Center)
- International Heart Institute, Palm Springs, CA (for medical director, Steven Gundry, MD)
- Sheridan Medical Research Center, Sheridan, WY (for medical director, Christopher Brown, MD)

Selection of Publications

- *Deadly Harvest*. Square One, New York, ISBN 978-0-7570-0142-0.
- *Natural Eating: Nutritional Anthropology – Eating in harmony with our genetic programming*. Griffin Publishers, Torrance, CA (Reprinted twice).
- *Natural Eating – an Introductory Guide*. American Standard Inc, Newark, NJ. (35,000 copies)

Narrative

Geoff Bond graduated with Honours in applied sciences from London University, and completed post-graduate professional qualifications in 1968. Geoff spent his early career living and working in remote African villages where he widened his earlier studies in anthropology, biochemistry, and evolutionary human development.

An independent researcher for more than 20 years, Geoff has stayed at the cutting edge of this new science of evolutionary lifestyle anthropology. From his insights on human origins and our ancient nutritional heritage, Geoff has become a recognized authority on what it means to be human in lifestyle terms. He explains how we know these things, what is going wrong today and what we can do about it. Geoff contributes to the Health Policy panel of the UK think-tank "Reform".

With his controversial yet life-enhancing message, Geoff is a popular CME lecturer. He trained as an NAS speaker and can be relied upon to deliver an information-rich talk both interestingly and to time. His **lecture hand-outs** are particularly prized. They are a comprehensive digest of the lecture and contain simple precepts that physicians can immediately put into practice.

Geoff designed his latest book, *Deadly Harvest*, to be a work that doctors can trust. It has become the reference work in the field and is heavily credentialed with 35 pages of peer-reviewed references.

Every month since 1998 Geoff has written an independent bulletin, *The Bond Briefing*, aimed at health professionals and the intelligent general public. With no advertising or sponsors, Geoff is free to question vested interests and received wisdom. Without fear or favor he explains exactly where the science leads, however inconvenient or controversial that may be.

Advised by NIH researcher Christopher Brown MD, **American Standard Inc.** commissioned Geoff in 1998 to write *Natural Eating in a Nutshell*, which they distributed to all of its 35,000 employees.

Find more information and video-clips on Geoff as a speaker on his website: www.speakerbond.com.
Geoff's general website is: www.geoffbond.com.